

WANT TO FEEL BETTER AND IMPROVE YOUR HEALTH?

SWAP TO STOP



Aged 18 or over?

Attend Bury Live Well Service for support to quit smoking and a FREE vape starter kit.



Self-refer via the Live Well website or call 0161 253 6668



Risk of cancer reduced



More energy



Improved lung function



Improved taste & smell



Better Mental Health



Almost two-thirds of people who use a vape along with support successfully quit smoking